

PARKINSON'S^{UK} CHANGE ATTITUDES. FIND A CURE. JOIN US.

OUR NEWS

Oxford and District Branch

A Year in Pictures

Winter 2017-8

Chair's Chat: Sally Bromley

For our final newsletter for 2017 we thought you'd like to see the many and varied things we've been up to! From small concerts to Symfunny, a picnic, cream tea, BBQ, visits, lunch, Bodleian and Natural History Museum talks, a long cycle ride North, Oxford Walk, individual fundraisers, Big Bold and Balance exercise class, PD Warrior, voice class, being visited by our MP, staging a large conference ... and more.



I take this moment to wish everyone a Happy Christmas and New Year and thank you for being part of a very special group of people.

Enjoy revisiting our year.

Sally



March Hinksey Church yard was awash with spring flowers for our annual event there with the Donkey House Band.



July Picnic in the grounds of Blenheim Palace

NEW MEMBERS

We extend a warm welcome to
those recently joining:

Paul & Elizabeth Chicken
Mike & Dee Eaton
Ron Hiles
Alan Leary
Brian & Pam Ponting
Roma Vincent
Hazel Ward

200 CLUB

The November winners were:

£25.00: Cynthia Mancey
£12.50: Caroline Tasker

IN MEMORIAM

Our deep sympathy goes to the families of members who have recently passed away:

Derek Gray
Brenda Chatwyn



June About 120 people enjoyed a Cream Tea in Sally's garden.

All year round Big, Bold and Balance exercise classes are very popular. A DVD is available to encourage us to exercise during holidays.



The team behind the tea and Jaffa Cakes!

Exercise bands



Hands up!



All together now...

PD Warrior classes for those who like something a little more challenging



June This turf labyrinth was fun to walk, with a collection box at the centre for Parkinson's UK.



June Electron microscope seen during a very interesting and informative MRC lab visit. Further visits to labs are planned.



July Art workshop – some of us enjoyed trying our hand at lino printing.



August Our Branch meeting was a discussion giving opportunities to share ways to improve our lives.

August The traditional barbeque took place in Wytham Woods, in traditional weather...



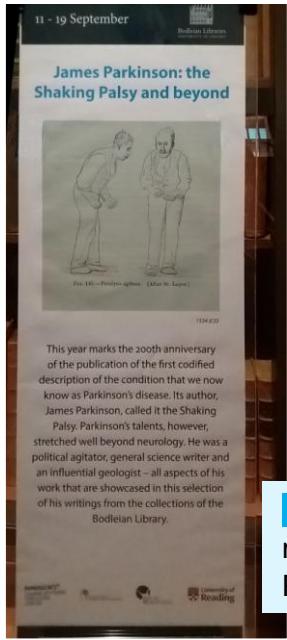
It rained!



Sheltering from the rain



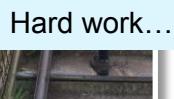
Your Committee in full control



August Nigel and Debbie Hamilton cycled 350 miles to Durham to raise awareness and funds.



with an end in sight...



Hard work...



and success at last!

September Over 230 people attended our Parkinson's 200 Plus conference...



...to hear a fabulous lineup of speakers...



...and, of course, to have tea!

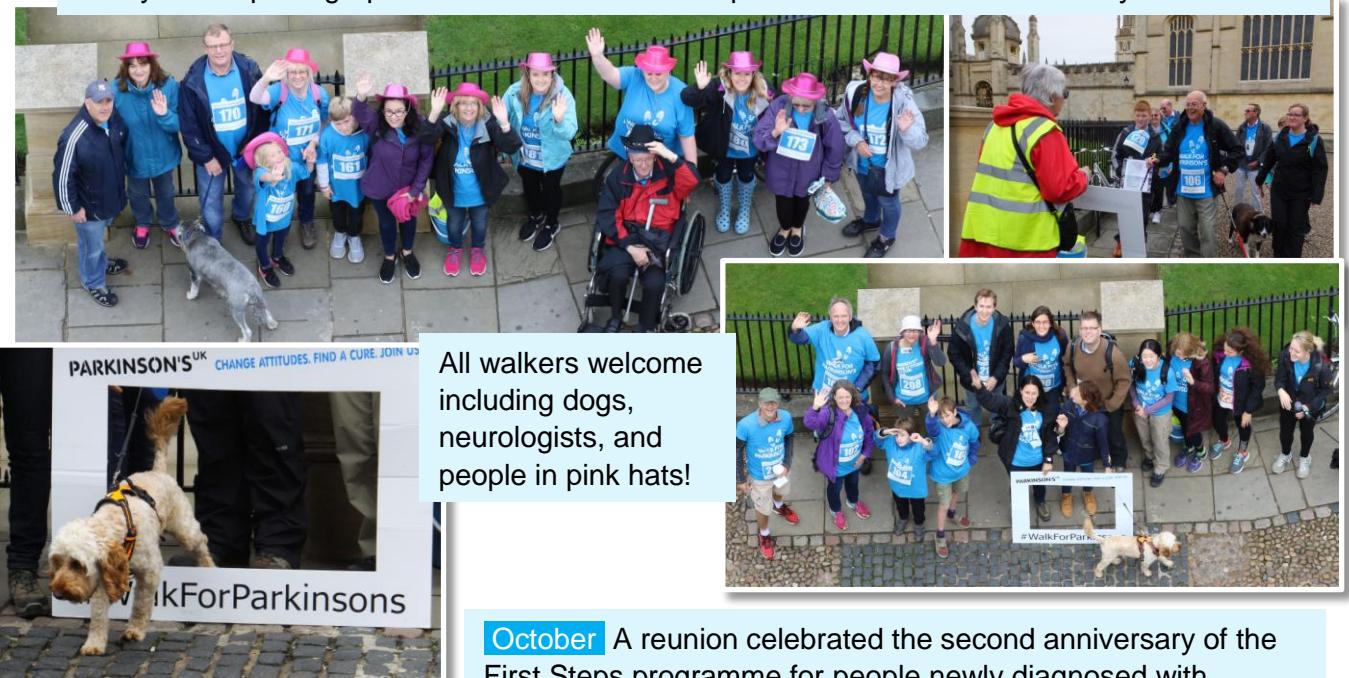


September We helped to greet riders on Parkinson's UK's BOXCAM 200-mile sponsored cycle ride.



September Diana Townsend and Peter Snook with the therapists at European Parkinson Therapy Centre

September The annual Oxford Walk is a fundraiser and fun-raiser for all including the dogs. This year we photographed walkers in Radcliffe Square from the tower of St Mary's.



All walkers welcome including dogs, neurologists, and people in pink hats!

October A reunion celebrated the second anniversary of the First Steps programme for people newly diagnosed with Parkinson's.



November Layla Moran MP visited our Friday exercise and voice classes.



October Paul Mayhew-Archer and many other well known figures visited 10 Downing Street as part of a Parkinson's UK delegation to meet the Prime Minister. You can read Paul's comments on our website. But here are his final words:

“ *Parkinson's is horrible and ruthless, but the people it attacks seem to be extraordinary, inspirational people: People like Emma and James and Billy, and also people in my local group like Sally and Jem and many others. The Parkinson's community is full of people who inspire researchers to dig deeper into their brilliant brains and inspire politicians and the public to dig deeper into their pockets. While they do so there is hope for us all.* **”**

